



OCCUPATIONAL HEALTH POLICY STATEMENT

Occupational Health relates to the effects that the working environment may have on the health of an employee. It also takes account of the influence that an employee's health may have on their ability to carry out their work.

Seaton Rail recognises the benefits of good health and will endeavour to promote and maintain the highest degree of physical, mental and social well being of its employees.

The following Occupational Health Strategy has been formulated to assist in meeting this policy statement.

Occupational Health Strategy

Seaton Rail will provide an Occupational Health Service to its employees via the appointment of an external Occupational Health Adviser.

The Occupational Health Adviser will assist management to;

- Identify jobs with health risks and provide advice on known risks
- Identify hazards and appropriate controls for health risks at work
- Undertake pre-employment health screening
- Undertake health surveillance
- Promote good health among employees
- Provide training, information and guidance on health aspects of employment
- Ensure relevant first aid training is provided to employees
- Undertake health assessment on referral

Guidance

Guidance notes will be issued in support of various aspects of the Occupational Health Strategy including;

- Procedures for referral to the Occupational Health service
- Blood borne infections
- Lifestyle and health screening
- Immunisation arrangements
- Specific health risks

Legal Reference

This policy and its associated guidance notes, outline the provisions Seaton Rail will make to discharge its duties in relation to the following statutory requirements;

The Health & Safety at Work etc Act 1974, Section 2 – "The duty to provide and maintain a working environment for employees that is, so far as is reasonably practicable, safe without risks to health and adequate as regards facilities and arrangements for their welfare at work."

The Management of Health and Safety at Work Regulation 1992, Regulation 5, "The duty to provide health surveillance".

Reviewed by

Shane Seaton

Managing Director

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| Integrated Business Management System | | Occupational Health Policy | |
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